



HOLISTIC SILK PEACOCK EYE MASK, £46, and MASSAGING SLIPPERS, £70, holisticsilk.com.

We love this light-blocking, lavender-scented eye mask and matching brocade slippers with magnets on reflexology points.

TOBI JENKINS



POTASH FARM HAND MADE COBNUT OIL NATURAL SOAP, from £8.50, and SKIN REPAIR BALM, £16, kentishcobnuts.com. These contain organic, cold-pressed cobnut oil, which is rich in vitamins B and E, to cleanse and condition skin.



LILY'S KITCHEN YULETIDE BOX, £12.95, lilyskitchen.co.uk. Woofing wonderful, all-natural treats for four-legged friends, including shiny coat biscuits and venison sausages. Three Bird Feast, from £2.49, and Advent Calendar, £9.95, also available.



STOCKING FILLERS
 Chef'n LooseLeaf Greens Stripper, £8.87, tesco.com. Lanolips 101 Ointment Fruities in Cranberry, £7.99, victoriahealth.com. Childs Farm Top-To-Toesie Cleaning Kit, £8.99, childsfarm.com.